

CP - 8/7/22

Psalms of Summer

Psalms 121 - The God Who Keeps

\*\*\*ESV "Keep" (KJV "keepeth, preserve," NASB "keeps, protects, guards," NLT "watches over," CSB "protects/Protector") - "Shamar" used 6x in 8 verses of Ps 121

\*\*\*"Shamar" - "have charge of, watch, keep eye on, preserve, to care for"  
"To maintain or to observe something for a purpose"

1. We must admit our need: We need keeping, protection, and help. (121:1–2)

Who are you looking to for help? True help comes from God alone.

2. Our limits and weakness do not affect God's ability to keep us. (121:3–6)

Do you believe God's promises to keep you? He is always faithful.

3. God will fulfill his purposes for our life by keeping us. (121:7–8)

Do you believe your life has purpose? He will fulfill all his plans.