

CP - 7/14/24

Psalms of Ascent

Psalm 130: Four Marks of True Repentance

1. A Cry (130:1–3)
2. A Wait (130:5–6)
3. A Hope (130:7–8)
4. A Fear (130:4)

Psalm 131: Contentment in God's Presence

1. Contentment is humility in God's presence. (131:1)
2. Contentment is growing in God's presence. (131:2)
3. Contentment is trusting in God's presence. (131:2)
4. Contentment is existing for God's presence. (131:3)